



Temperance Week English Subject



Acts of Temperance:

- P.1-Emotional Management
- P.2-Time Management
- P.3-Money Management
- P.4-Health Control
- P.5-Reduce Waste
- P.6-Save Energy

Acts of Temperance

P.1 Emotional Management

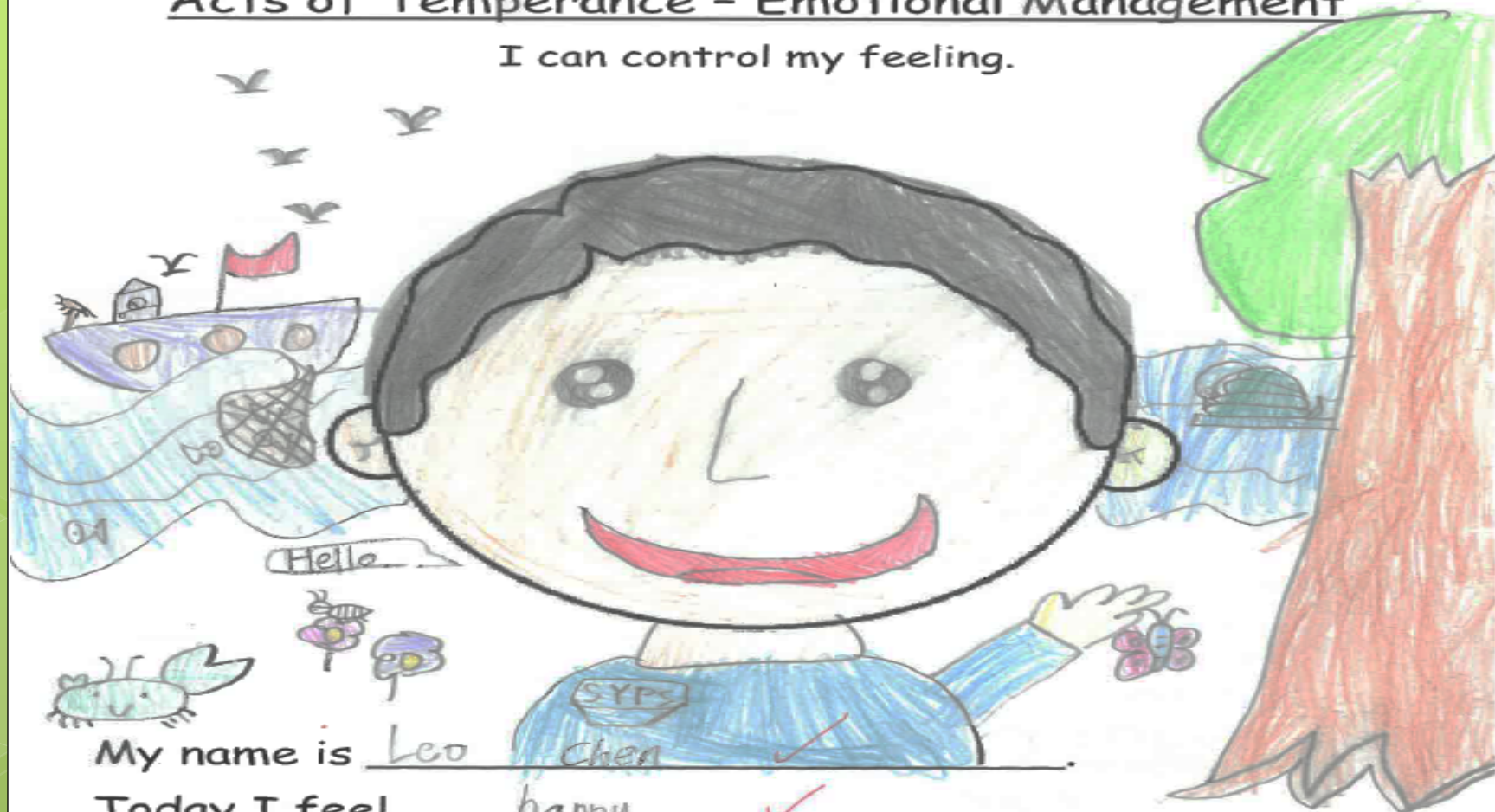


Temperance Week Worksheet

Name: Leo Chen (4) Date: 21st Nov, 2022
Class: P. 1 (A)

Acts of Temperance - Emotional Management

I can control my feeling.



My name is Leo Chen ✓

Today I feel happy ✓

This is my happy ✓ face.

I like your work!
Good Job!
Miss Shek

A
22/11

Name: Herman (7)

Date: 21st Nov, 2022

Class: P. 1 (A)

Acts of Temperance - Emotional Management

I can control my feeling.



My name is Herman ✓

Today I feel happy ✓

This is my happy ✓ face.

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I like your work!
Good Job!
Miss Shek

Acts of Temperance

P.2 Time Management

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Name: Aidy Kwok (9) Date: 21st Nov, 2022

Class: P. 2 (E)



Acts of Temperance - Time Management

How do you spend your weekend? Draw a picture and write about it.

Timetable	Draw a picture	What you do
8:00-9:00		e.g. I brush my teeth and eat my breakfast.
9:00-10:00		<u>I read a book and</u>
10:00-11:00		<u>drink some milk.</u>
12:00-2:00		e.g. I have my lunch.
2:00-3:00		<u>I play basket ball</u>
3:00-4:00		<u>in the park.</u>
4:00-5:00		<u>I read books in the</u>
5:00-6:00		<u>library.</u>
6:00-7:00		e.g. I have my dinner.

Name: Nicole Cheung (A)

Date: 21st Nov, 2022

Class: P. 2 (E)



Acts of Temperance - Time Management

How do you spend your weekend? Draw a picture and write about it.

Timetable	Draw a picture	What you do
8:00-9:00		e.g. I brush my teeth and eat my breakfast.
9:00-10:00		I play badminton
10:00-11:00		with my mum in the park.
12:00-2:00		e.g. I have my lunch.
2:00-3:00		I do my revision.
3:00-4:00		
4:00-5:00		I play games with
5:00-6:00		my maid and take a bath before dinner.
6:00-7:00		e.g. I have my dinner.

Acts of Temperance

P.3 Money Management





Name: Elio Yeung (19)
 Class: P. 3 (D)

Date: 22nd November, 2022

Money Management

Your parents give you \$100. How do you spend your money?

(Draw and colour the pictures.)



<p>1. Use \$ <u>30</u> on <u>toys</u></p>	<p>2. Use \$ <u>30</u> on <u>clothes</u></p>
<p>3. Use \$ <u>30</u> on <u>food</u></p>	<p>4. Save \$ <u>10</u></p>

1. I plan to use \$ 30 to buy toys

2. I plan to use \$ 30 to buy clothes

3. I plan to use \$ 30 to buy food

4. I plan to put \$ 10 on saving.



Name: Kwan Man Ho (5)
Class: P.3 (A)

Date: 22nd November, 2022 ✓

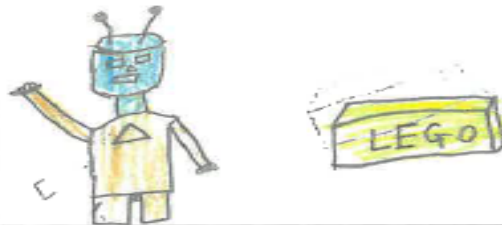
Money Management

Your parents give you \$100. How do you spend your money?

(Draw and colour the pictures.)



1. Use \$ 30 ✓ on toys



2. Use \$ 20 ✓ on comics ✓



3. Use \$ 40 ✓ on eating ✓ ✓



4. Save \$ 10 ✓



1. I plan to use \$ 30 ✓ to buy toys ✓
2. I plan to use \$ 20 ✓ to buy comics ✓
3. I plan to use \$ 40 ✓ to buy noodles and pizza ✓
4. I plan to put \$ 10 ✓ on saving.

Acts of Temperance

P.4 Eat a Healthy Diet





Name: Liang Yan Hei Hoik (12)

Date: 11st November, 2022

Class: P. 4 (C)

Acts of Temperance - Eat a Healthy Diet

Draw and write what you have for your lunch to maintain good health.

mushrooms



I have a lot of rice. I have some carrots. I have a few oranges and strawberries. I have a lot of vegetables. I have some meat. I have some yogurt and eggs.

You can draw well! Detailed description!



22 NOV 2022

Name: Mak Tsz Kwun, Jennifer (15)

Date: 21st November, 2022

Class: P. 4 (<)

Acts of Temperance - Eat a Healthy Diet

Draw and write what you have for your lunch to maintain good health.



I have a lot of rice. I have a few carrots and a few tomatoes. I have some seaweed and tamagoyaki. I have a little ham too.

Acts of Temperance

P.5 Reduce Waste





Name: Lam Hoi Ching, Bella (11))

Date: 24th November, 2022

25 NOV 2022

Class: P. 5 (A)

Acts of Temperance - Reduce Waste

Draw and write what you can do to reduce waste and help save our Earth.



I can reuse the plastic water bottles.

I can plant the flowers on the grass. I don't throw the water bottles away because it is not good to the Earth.



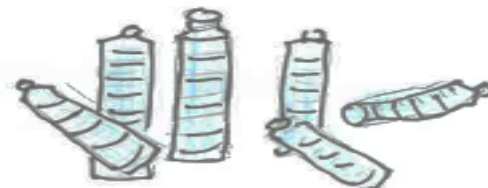
25 NOV 2022

Name: Chow Yan Tung, Alys (5) Date: 24th November, 2022

Class: P. 5 (A)

Acts of Temperance - Reduce Waste

Draw and write what you can do to reduce waste and help save our Earth.

use reuseable
grocery bagsRecycle plastic
containersuse
reuseable
lunch boxeswalk or ride
a bike instead of
driving

I can walk or ride a bike instead of driving. I can use reuseable lunch boxes and grocery bags. I can also recycle plastic containers. I hope everyone can help save our Earth.

Acts of Temperance

P.6 Save Energy





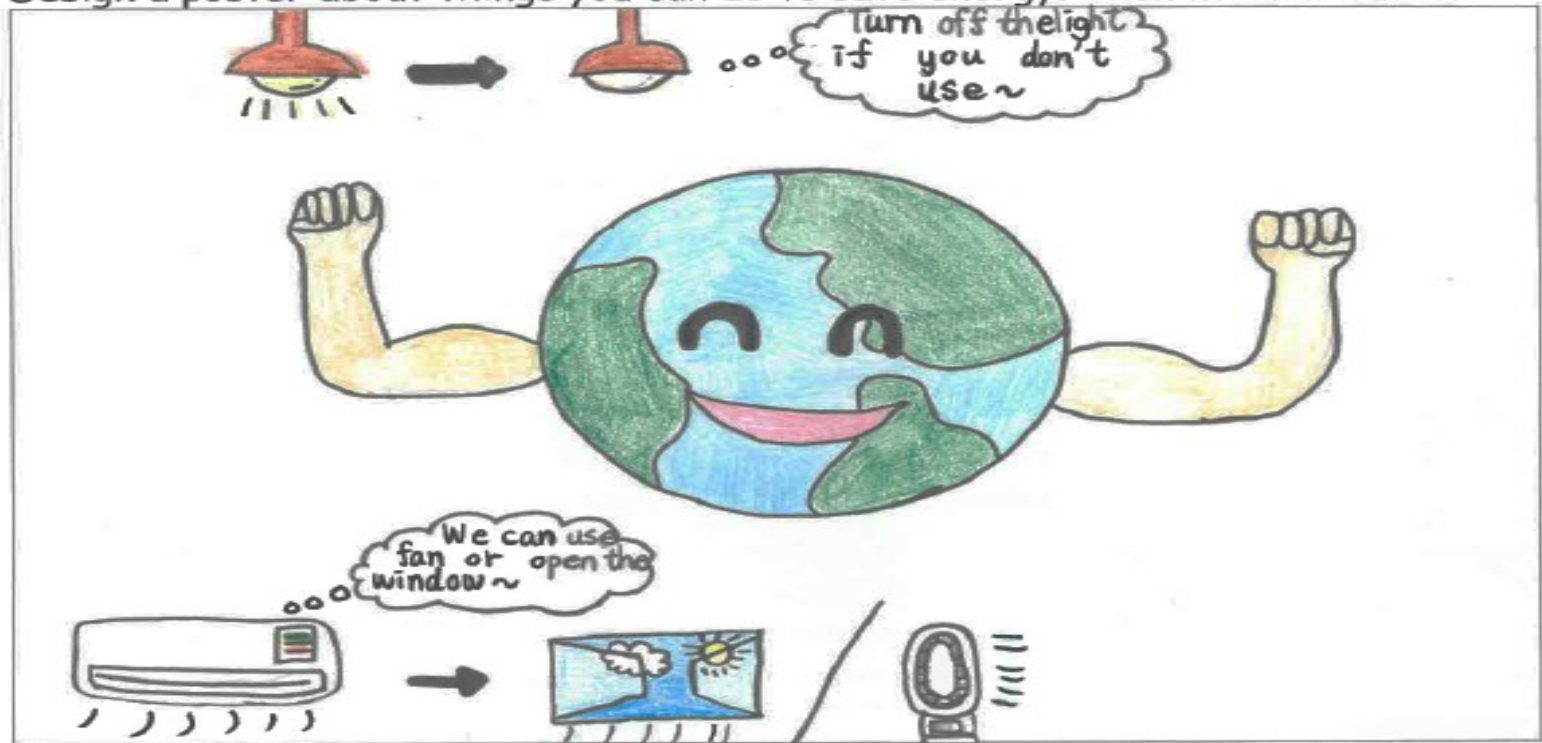
Grade
A

Name: Lin Wen Jing, Alina (13) Date: 26th October, 2022

Class: P. 6 (B)

Acts of Temperance

Design a poster about things you can do to save energy. Then write about it.



Let's save the earth. We should turn off the light when we leave the room. To save energy, we can use the fans or open the windows instead of turning on the air-conditioners.

Name: Leung Hoi Yee, Angela (10)Date: 26th October, 2022

Class: P. 6 (B)

Acts of Temperance

Design a poster about things you can do to save energy. Then write about it.

We should save energy Now!

- When we are not at home, we should turn off the lights.
- We should use fans instead of air-conditioners.
- We should use walking instead of driving.
- When we take a bath, we should not waste water.

Don't use these to save the
~earth~



Let' be

Environmental
Superman!



We should turn off the lights when we go out. We should
use fans instead of air-conditioners and use walking
instead of driving. Let's take action now!